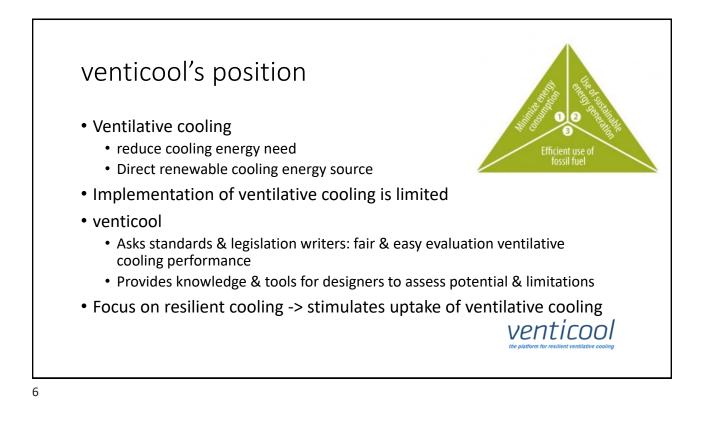




## Resilient ventilative cooling in standards, legislation & energy performance calculations

- Energy performance regulations
  - key market drivers
  - Ventilative cooling requires mature assessment thermal comfort & ventilation losses
- Standards, legislation & energy performance calculation need to include
  - Assessment of overheating
  - Assessment of resilient natural & mechanical ventilative cooling
  - Design calculation methods
- venticool's concern = international (CEN, ISO) but also national







# "Dumb buildings with smart users? Linking building performance & human well being"

timing	subject	speaker
15:30	Welcome & intro venticool – Active House Alliance	Hilde Breesch (KU Leuven/venticool) Yves Lambert (Renson/AHA)
15:40	Rethinking comfort within human-building resilience	Marcel Schweiker (Universitätsklinikum Aachen, Germany)
15:55	The sense of cognitive architecture	Marco Imperadori (Politecnico di Milano, Italy)
16:10	An occupant voting system for continuous feedback	Donya Sheikh Khan (Ramboll, Denmark)
16:25	Active House Comfort score	Bas Hasselaar (DGMR, The Netherlands)
16:40	Questions and answers	



### Active house alliance

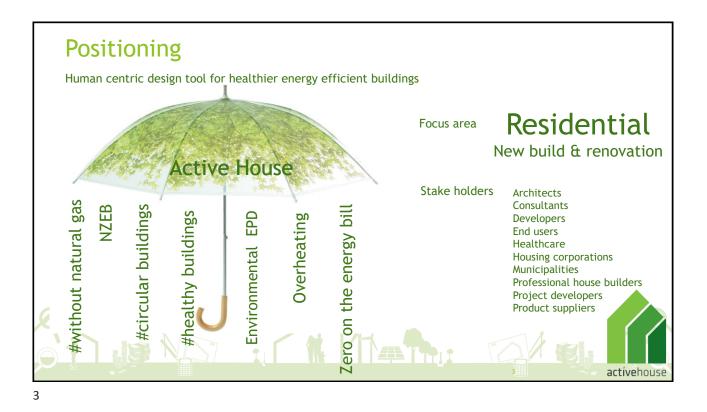
The alliance was formed in 2011. It is based in Belgium with a part-time secretariat.

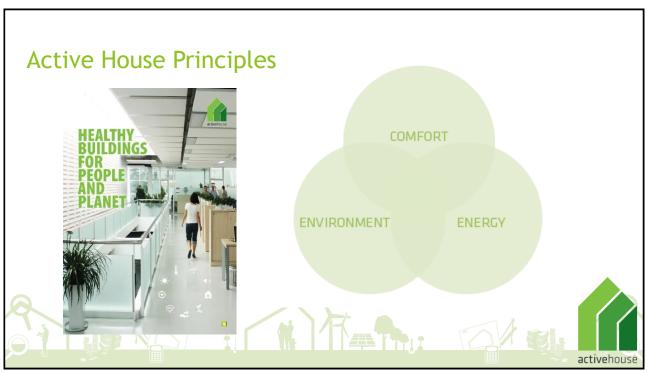
The Alliance is a network and provides support for local chapters, organises training, symposiums and the AH Awards.

It is a not-for-profit organisation















#### Institute for Occupational, Social and Environmental Medicine

Healthy Living Spaces Lab



#### Rethinking comfort within human-building resilience\* Marcel Schweiker Webinar – Dumb buildings with smart users? Linking building performance & human well being 15 November 2022

Schweiker (2022). Rethinking resilient thermal comfort within the context of human-building resilience. In: Nicol et al., Routledge Handbook of Resilient Thermal Comfort



## **Rethinking resilience**

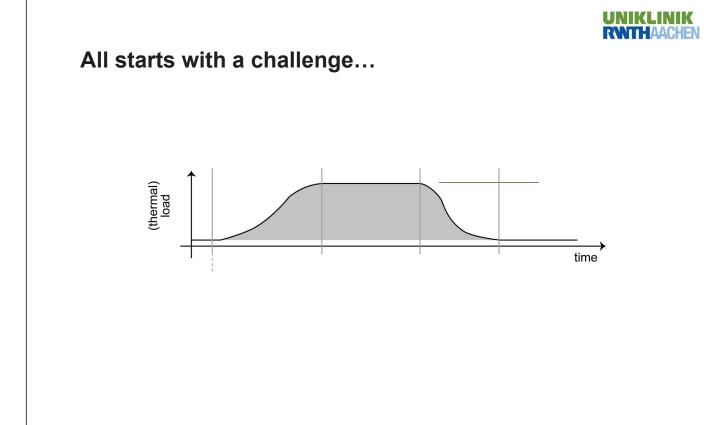


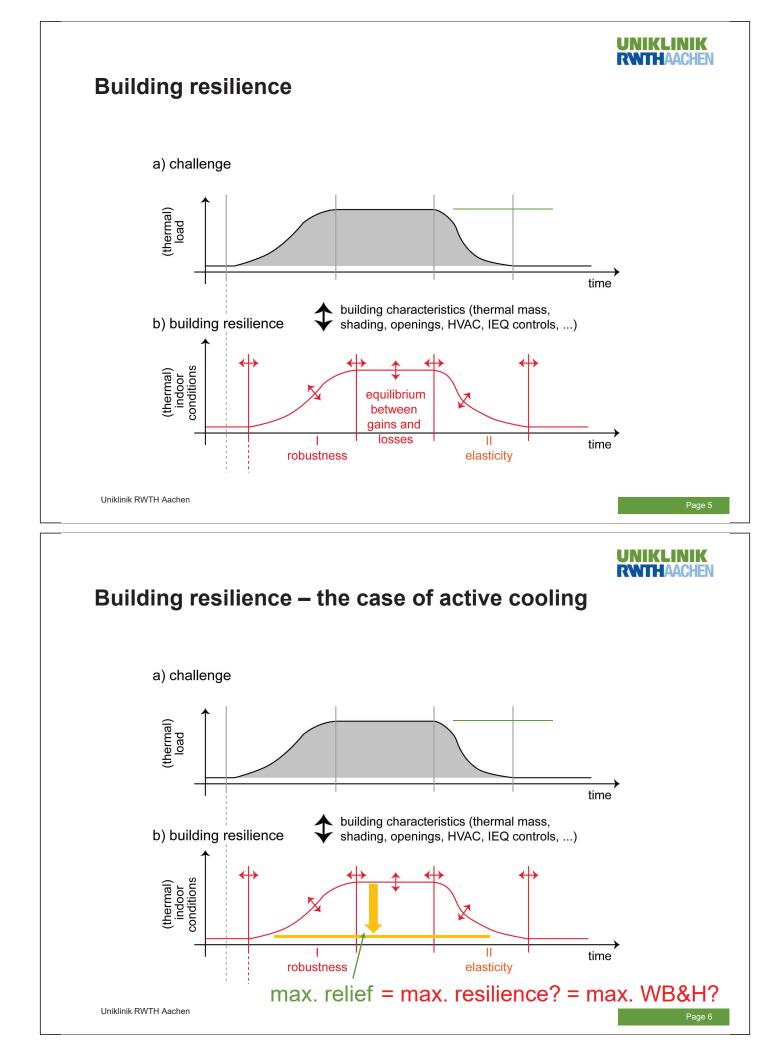
## Resilience

 Resilient buildings



Uniklinik RWTH Aachen





#### **Misunderstood building resilience** Heating / Cooling setpoint [°C] 15.6 20.6 25.6 30.6 70 60 HVAC energy savings [%] 50 40 30 20 10 0 60 65 70 75 80 85 Heating / Cooling setpoint [°F] The New York Times A New, Deadly Risk for Cities in Summer: Power Failures During Heat Waves The author of a new study said the combination of blackouts and

The author of a new study said the combination of blackouts and extreme heat "may be the deadliest climate-related event we can imagine."

Uniklinik RWTH Aachen | Hoyt et al. 2014 Extending air temperature setpoints | *Photo by Douglas LeMoine/*CC BY-ND 2.0 | https://www.nytimes.com/2021/05/03/climate/heat-climate-health-risks.html

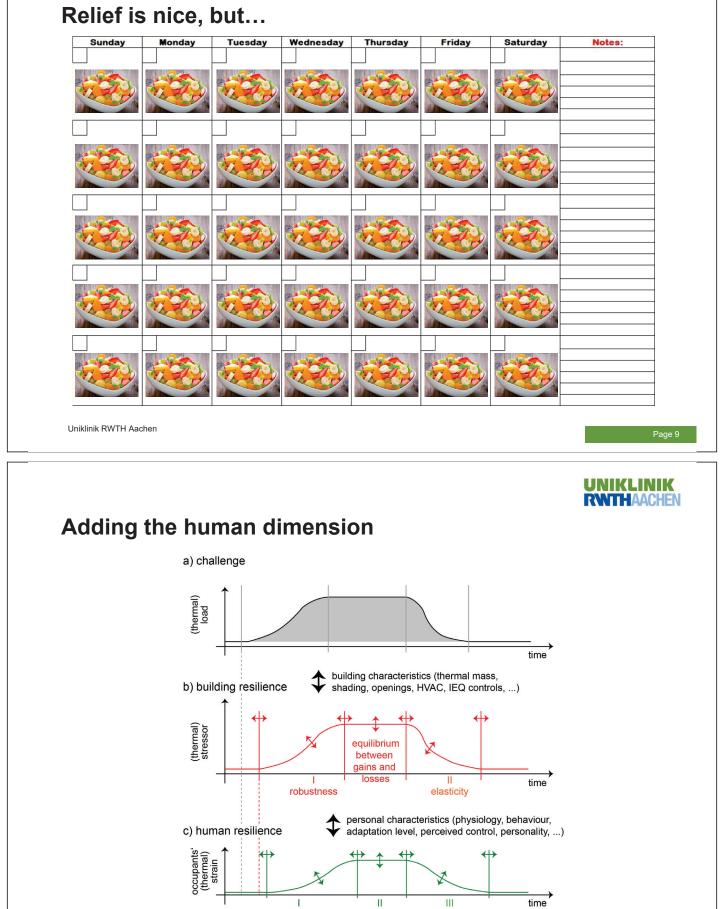
Page 7

#### UNIKLINIK RWTHAACHEN

## Relief is nice







l toughness

ability

to cope

capacity to

recover

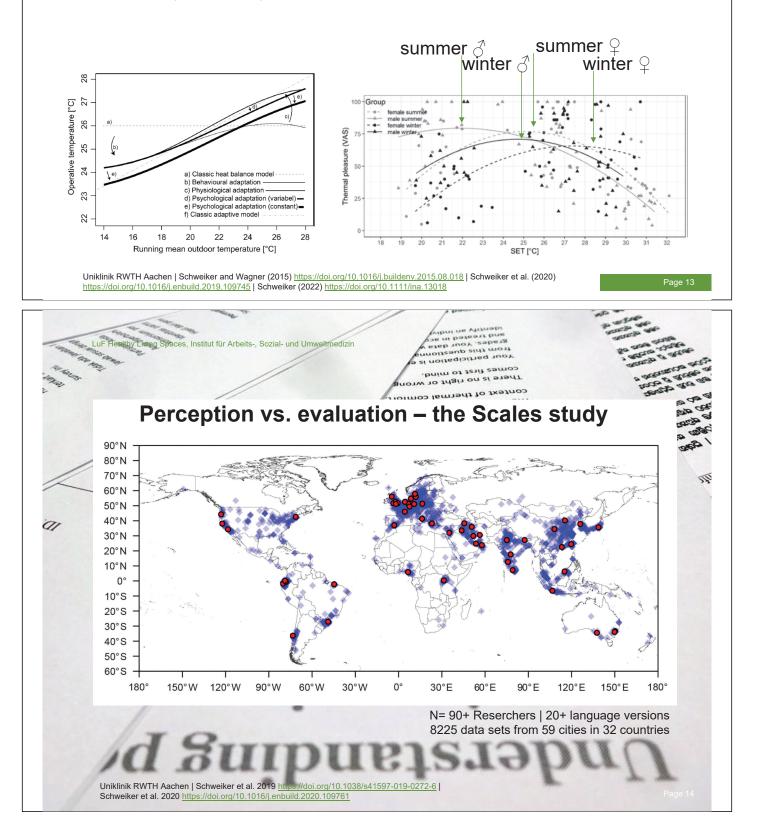


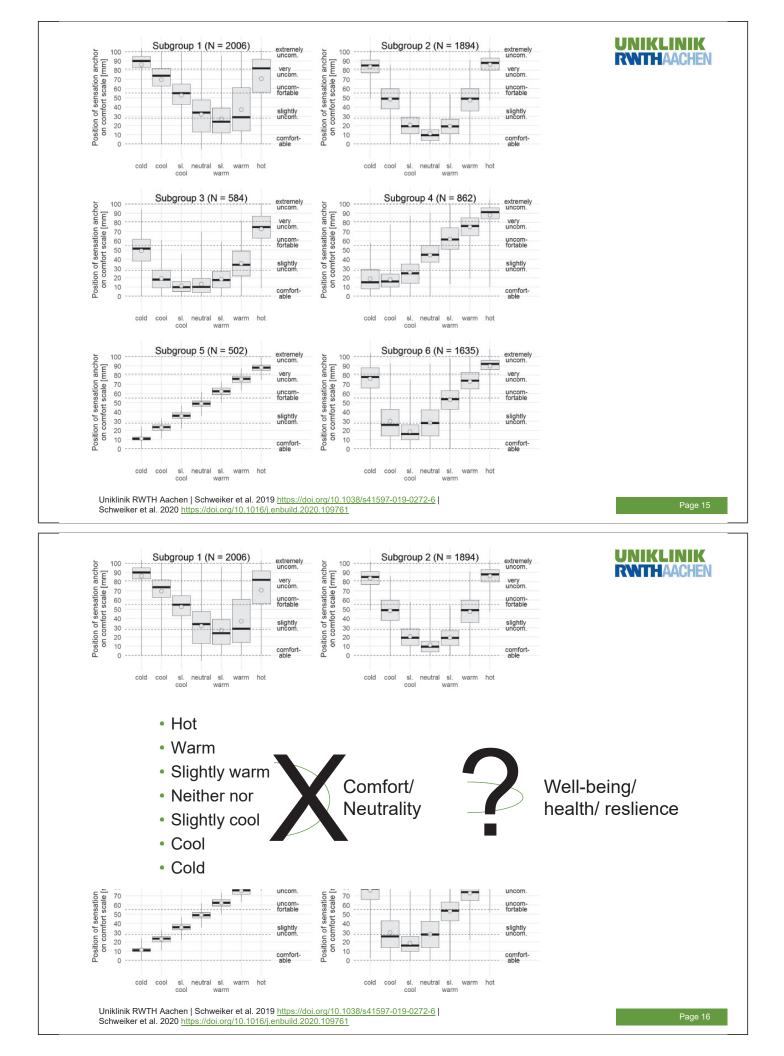




## **Rethinking comfort**

- (not only) relief, (the neutrality approach)
- (but also) encouragement (adaptation), and
- enjoyment (alliesthesia)



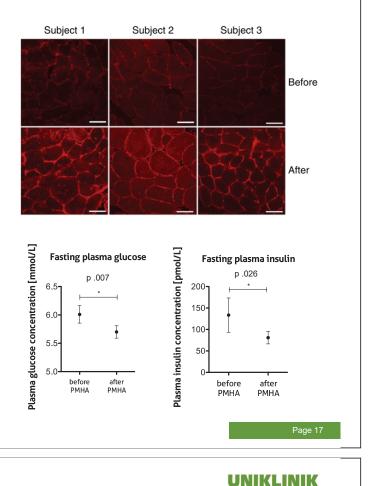


#### UNIKLINIK RWTHAACHEN

RWITHAACHEN

## **Discomfort and health**

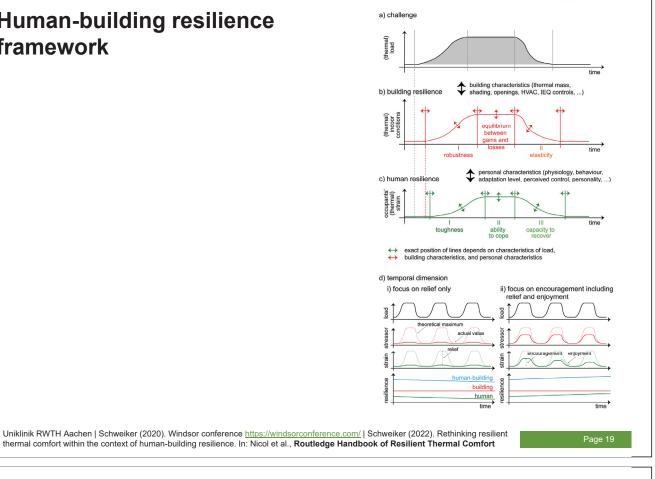
- Cold exposure increases insulin sensitivity in patients with type 2 diabetes mellitus (Hanssen et al. (2015).
- Passive mild heat exposure lowers fasting glucose, insulin, mean arterial blood pressure (Pallubinsky et al. 2020)



Uniklinik RWTH Aachen | Hanssen et al. 2015 | Pallubinsky et al. 2020



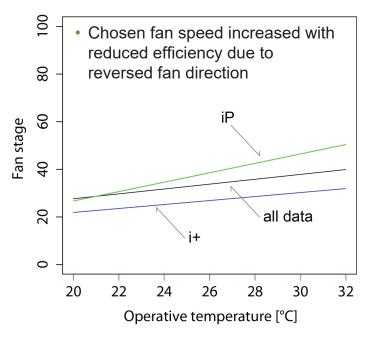
## Human-building resilience framework



UNIKLINIK **NTTHAACHEN** 

## The intelligent occupant

Subconsciously ...



## ... and sometimes surprising



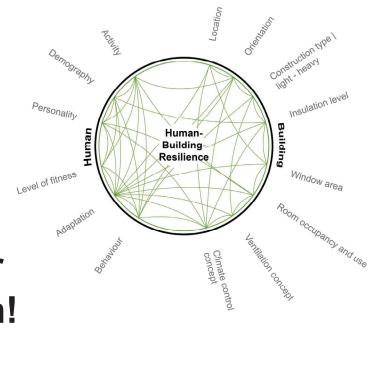


Uniklinik RWTH Aachen | Schweiker, M., et al. (2014). Windsor conference. | Wagner et al. 2015 Nutzerzufriedenheit in Bürogebäuden | O'Brien & Gunay 2014 The contextual factors contributing to occupants' adaptive comfort behaviours



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# Thank you for your attention!

Any questions? Contact: <u>mschweiker@ukaachen.de</u>

Uniklinik RWTH Aachen | Schweiker (2022)

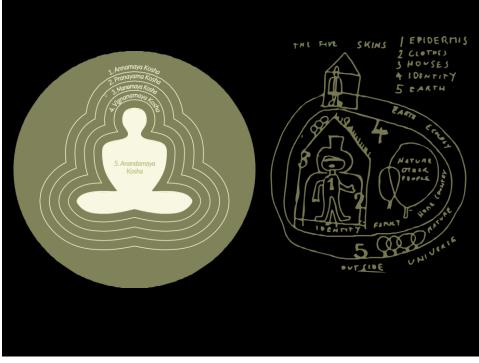


#### The sense of Cognitive Architecture

Marco Imperadori Full Professor, Rector's Delegate Far East <u>marco.imperadori@polimi.it</u>

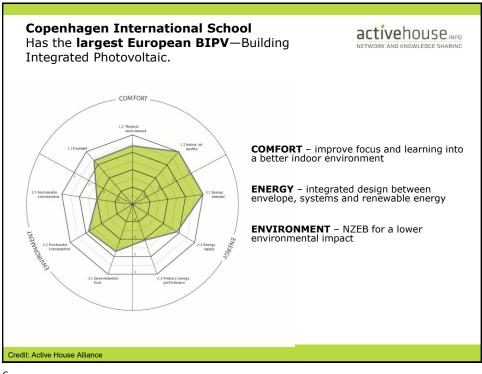
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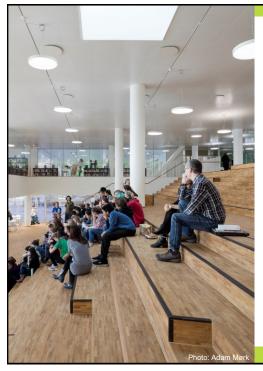












#### COMFORT – improve focus and learning into a better indoor environment

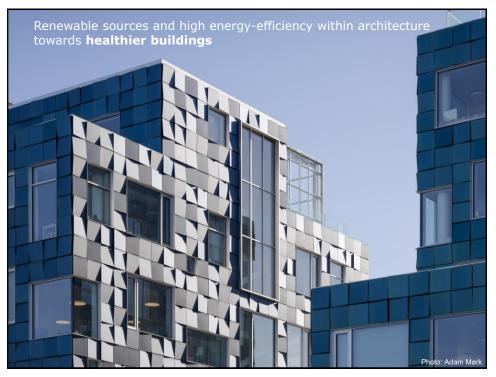
activehouse.info

- DAYlight and LEDlight
- 20% window/floor area
- 21-26°C thanks to good insulation and heat recovery ventilation system

## ENERGY – integrated design between envelope, systems and renewable energy

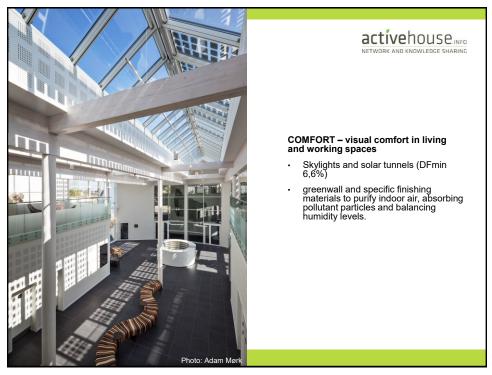
- 15 kWh/m2y
- 6000 m2 BIPV
- 69% renewables covering the energy demand







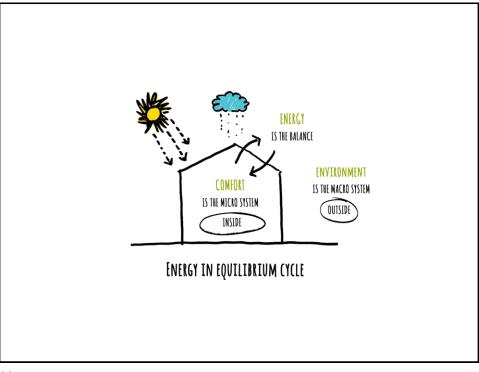




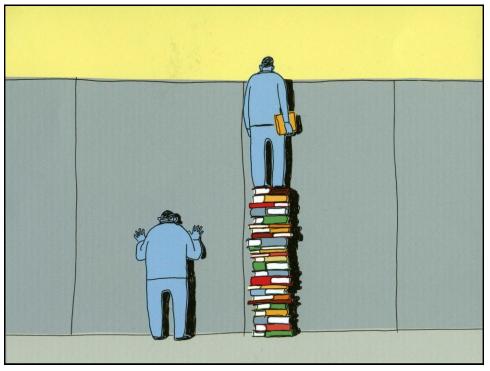


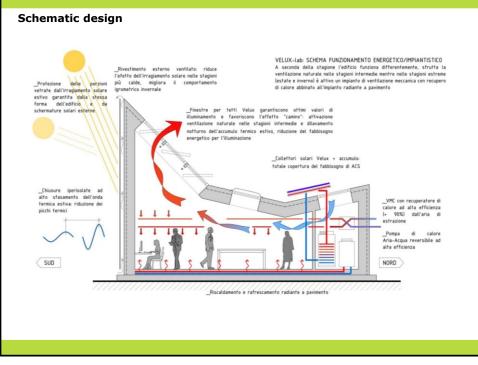




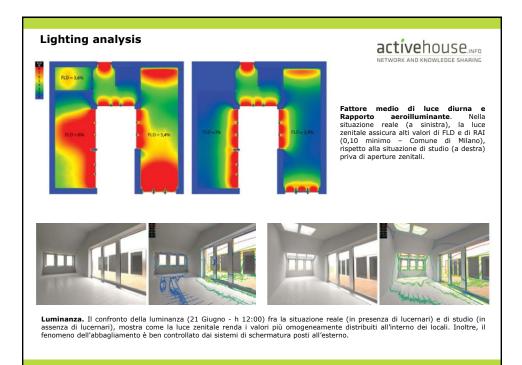






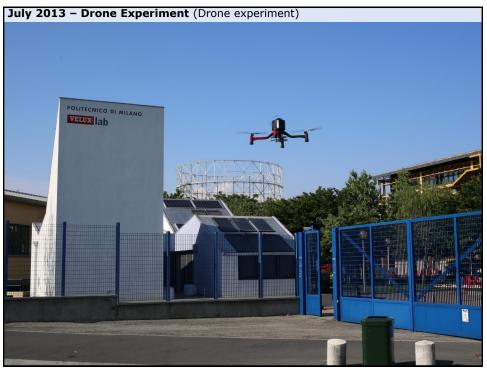












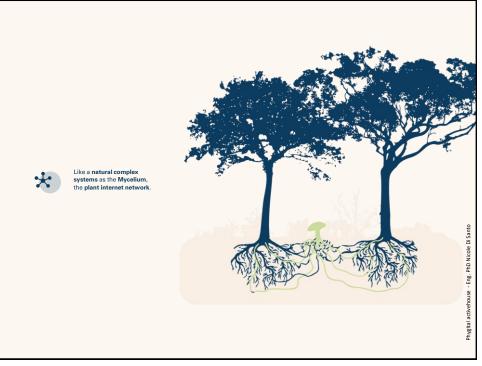






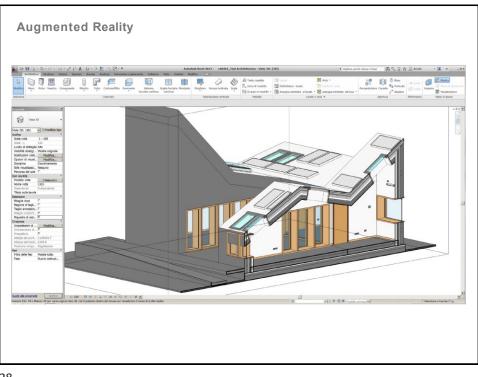


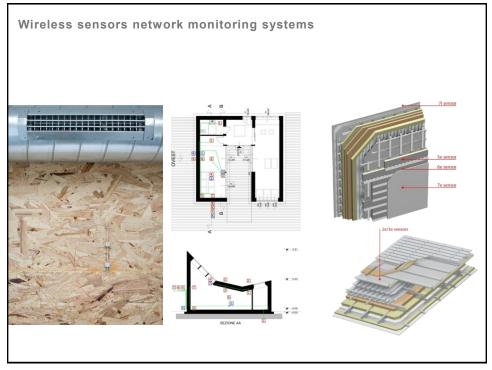




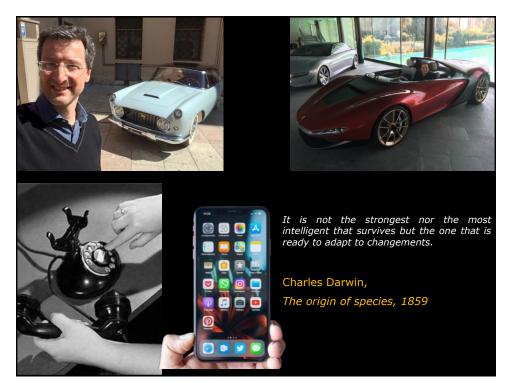




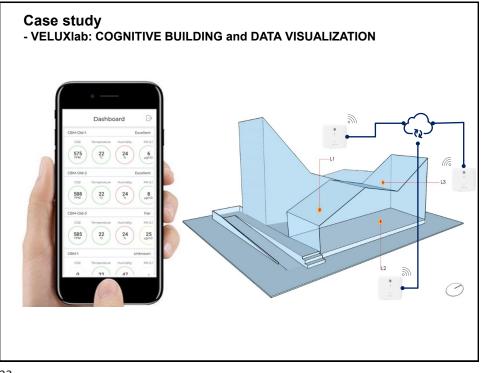




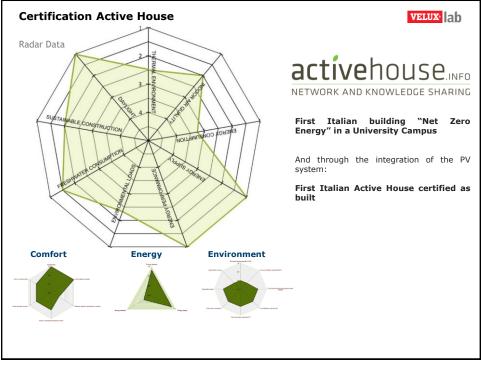


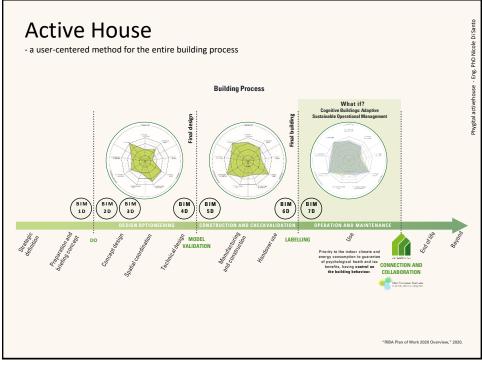






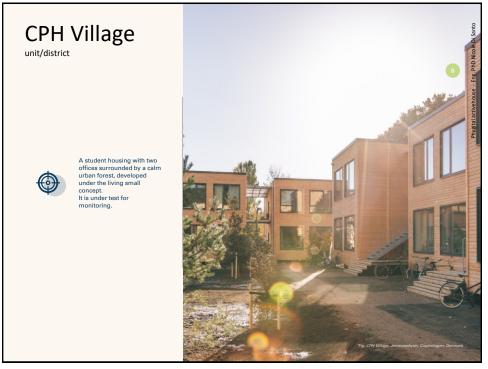




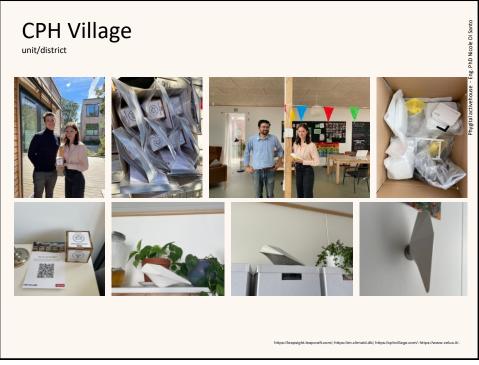






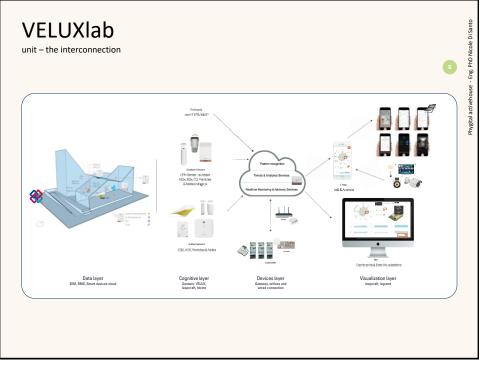




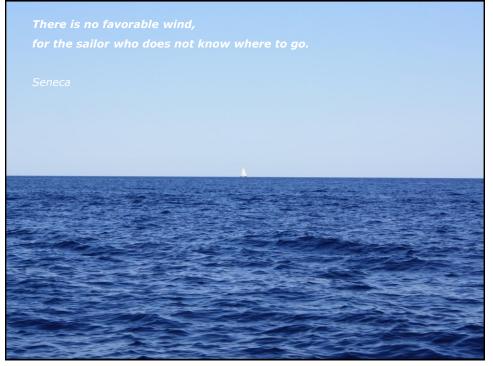


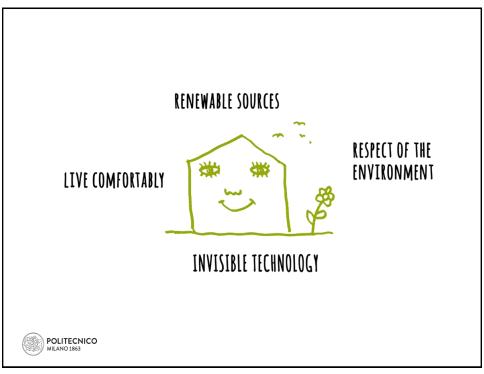








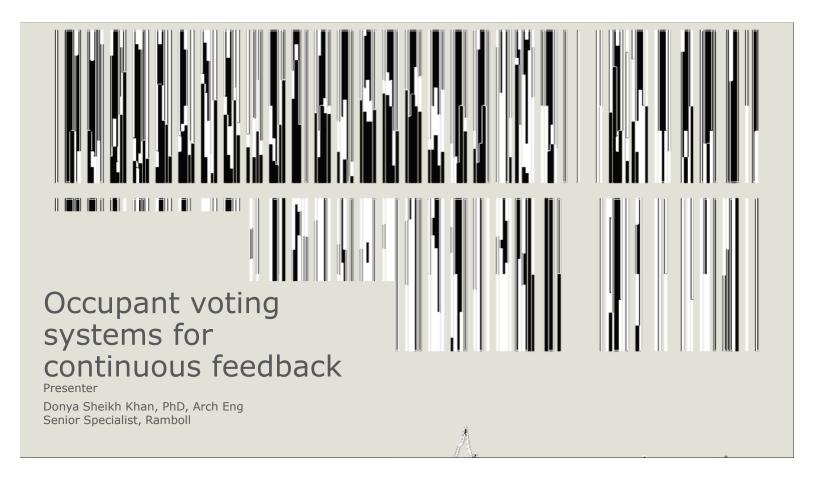












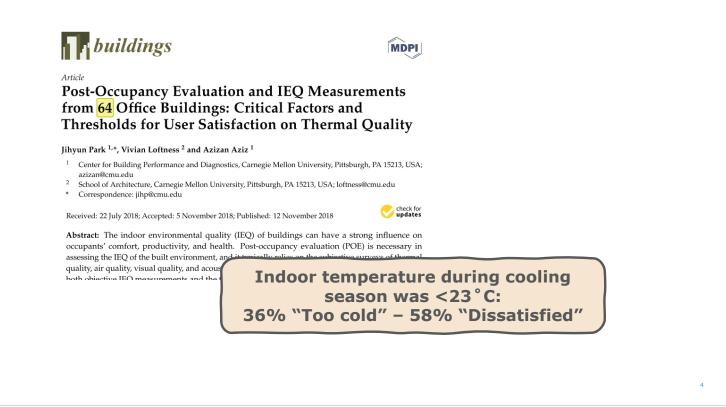
### Agenda

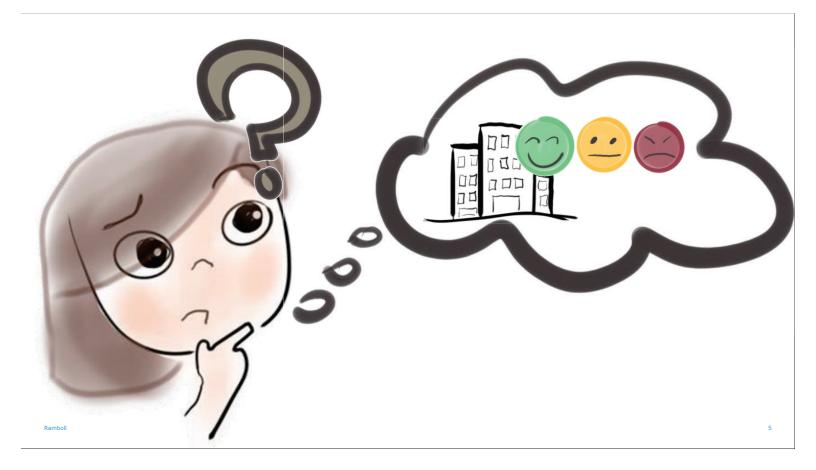
**O1** Why is occupants' feedback important?

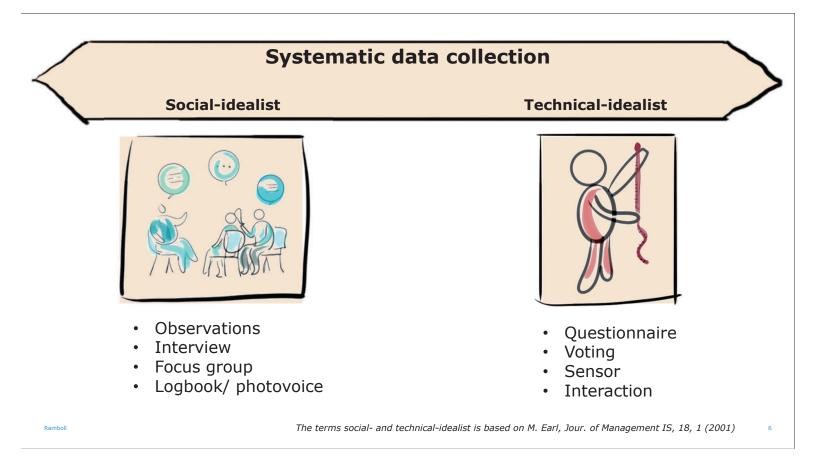
- **02** How do we collect their feedback?
  - **3** Why use occupant voting systems?

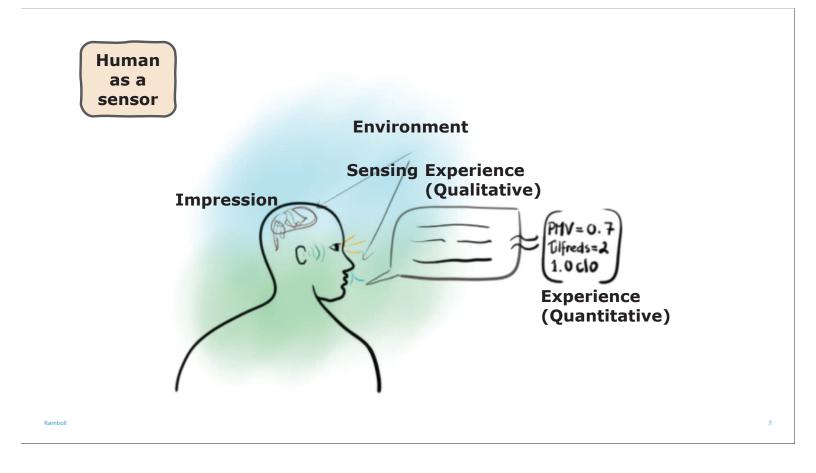
- **04** Considerations for using occupant voting system
  - 5 Example of application of OVS case study
    - 6 Recap

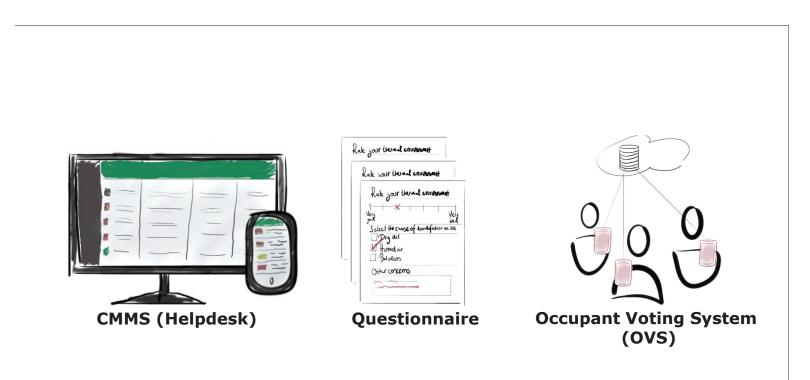


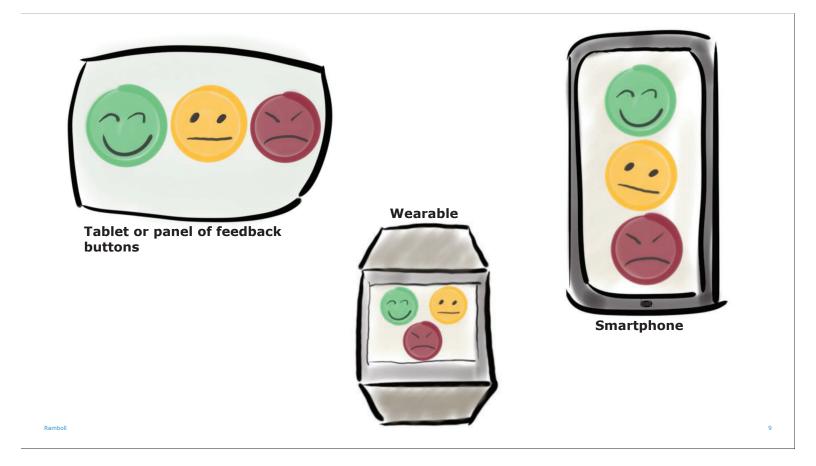


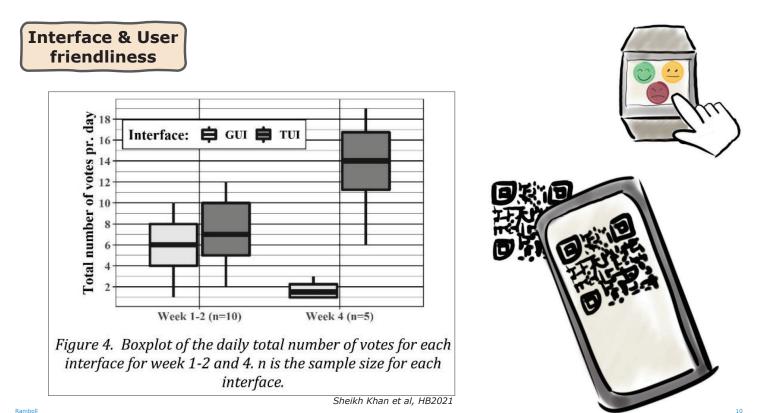


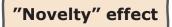


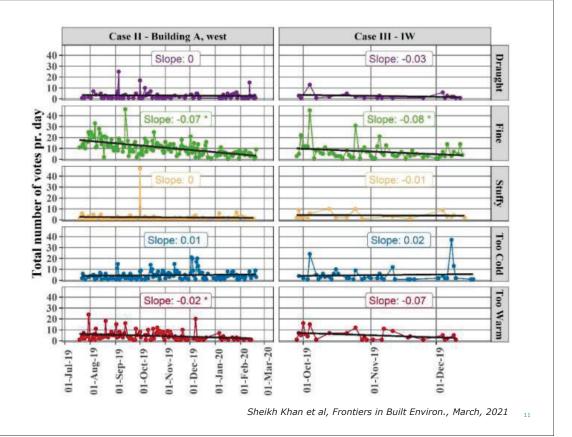




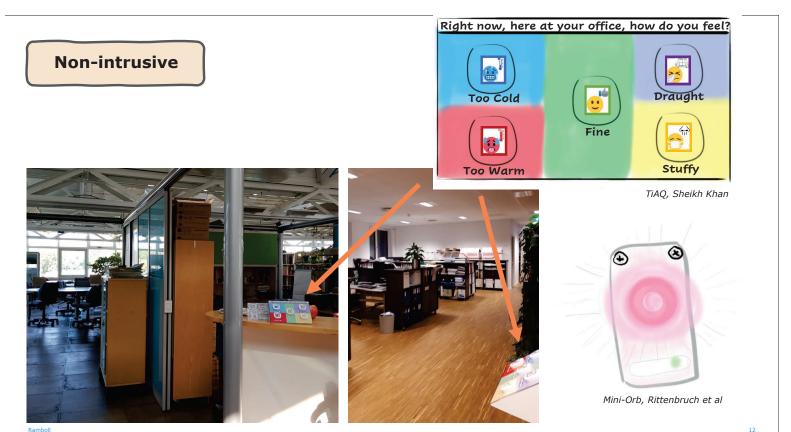


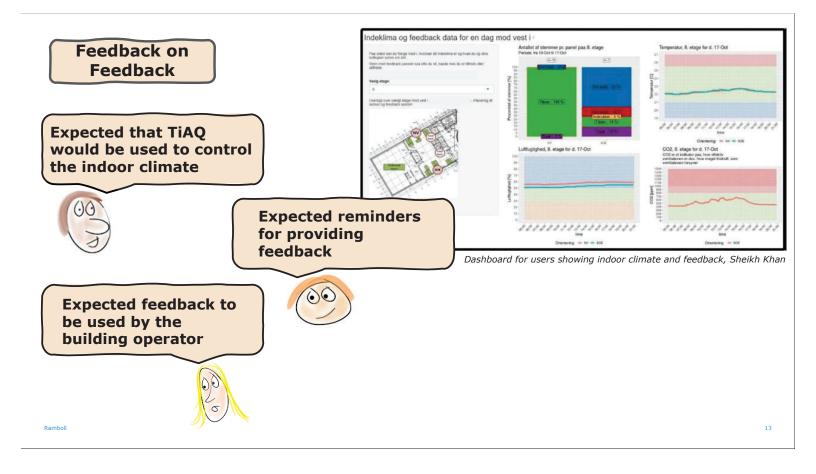


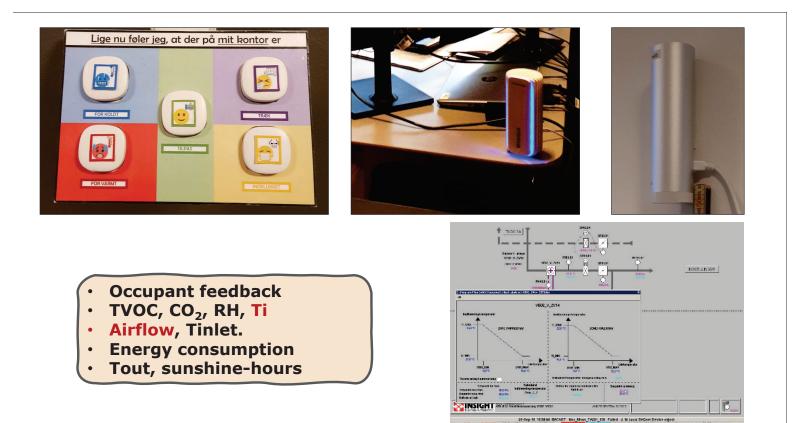












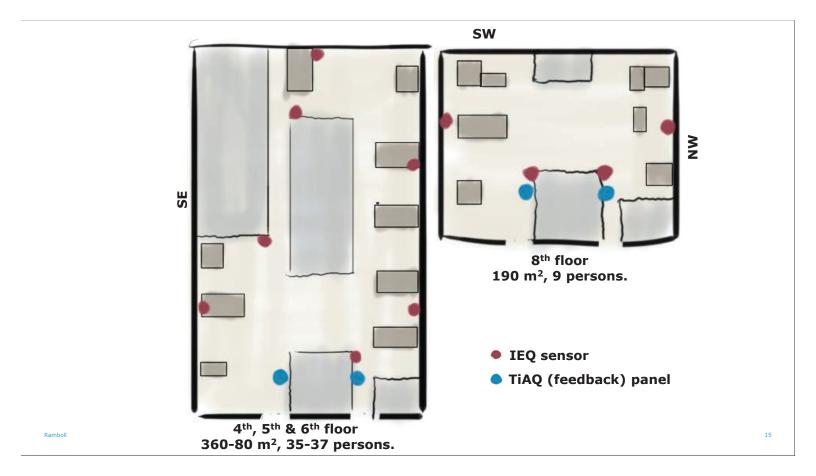
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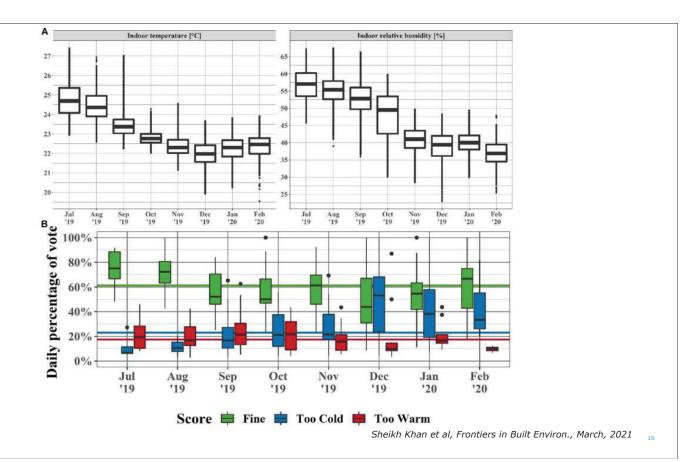
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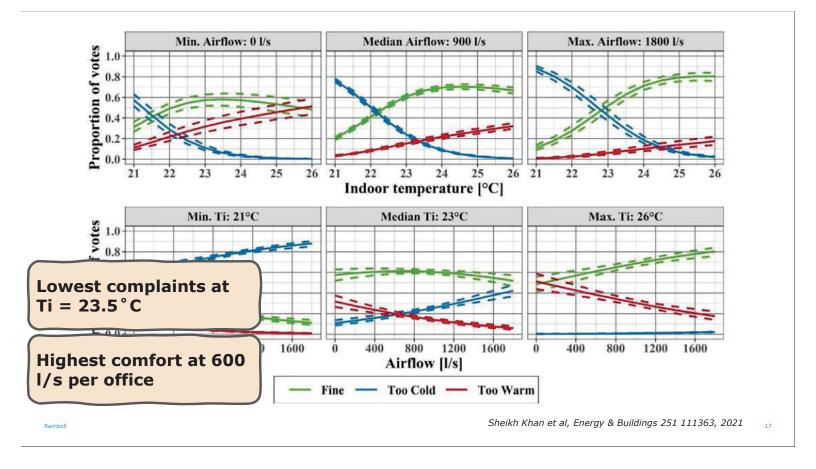
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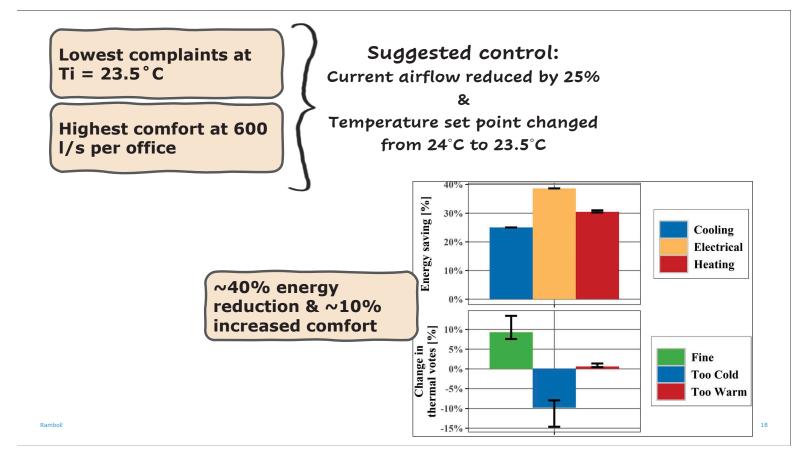
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object cissery









1.Occupant feedback is important information to include in optimizing HVAC operation
2.Solicited and unsolicited here-and-now feedback can be collected with OVS
3.0VS design and implementation is important for getting quality feedback data
4.Feedback data used by building operator, can identify control settings for improving energy consumption and occupant comfort

# Thanks

Donya Sheikh Khan <u>dskh@ramboll.dk</u>



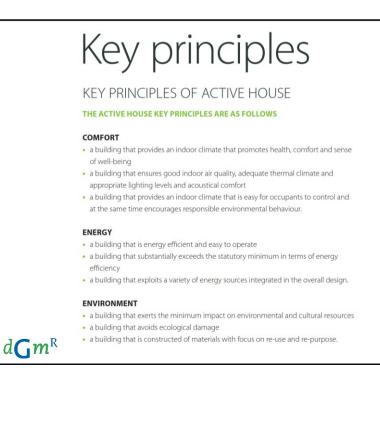
# Vision Creating Buildings For People and Planet

Active House is a vision of buildings that create healthier and more comfortable lives for their occupants without impacting negatively on the climate – moving us towards a cleaner, healthier and safer world.

2

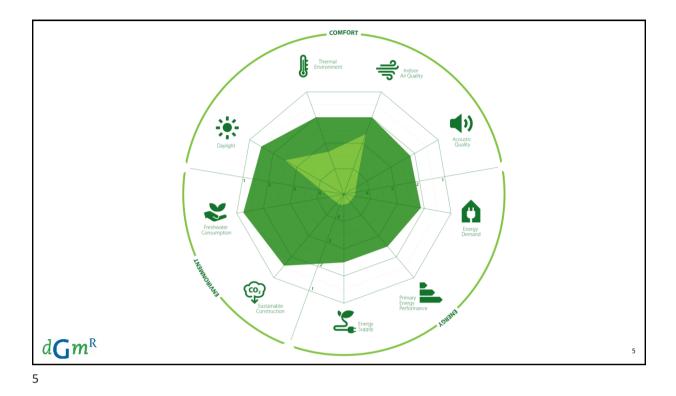
 $d\mathbf{G}\mathbf{m}^{R}$ 

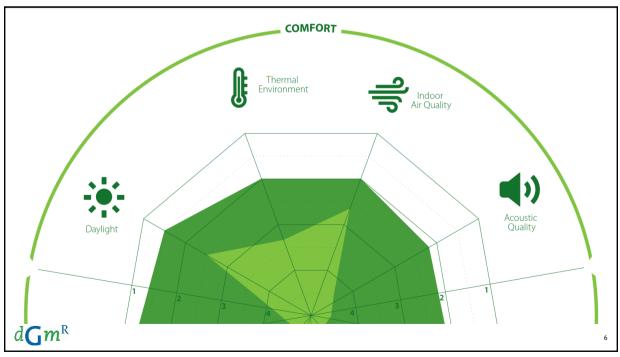




angFang Office, Beijing China **hoto:** Velux China







ASPECT	CRITERIA	ARGUMENTS	YES/NO
Demand on individual products and construction elements	Have the chosen products and construction solutions been evaluated from a cost-effective, life cost perspective and maintenance view?	All main solutions (roof, wall, foundation and windows) have been calculated from a cost-effective perspective within the individual solutions' lifetime. An evaluation of maintenance of technical solutions will be carried out.	YES
Architectural design solutions	Have architectural design solutions been used to reach a holistic approach of the building and to reach a low energy demand?	During the design phase, alternative design solutions have been modelled in BIM and the predicted performance of energy, indoor comfort and environment has been evaluated. The results were used to adjust and optimise the architectural design solution.	YES
Demand on individual appliances	Have the best energy performing solutions for appliances been chosen?	All white goods are minimum class A+ and all installed/in-built lamps are LED and evaluated for light quality.	YES

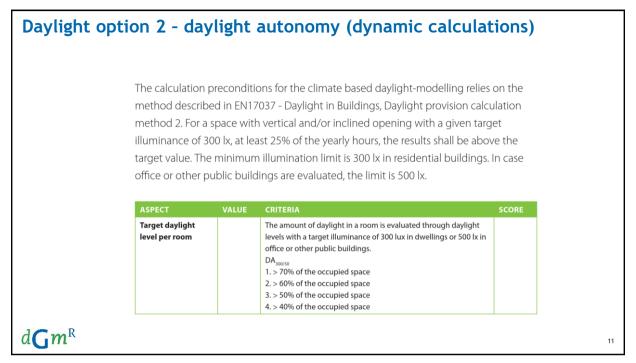
TABLE 1: EXAMPLE CALCULATION OF AVERAGE DAYLIGHT FACTOR USING DEFAULT NUMBERS FOR DIFFERENT ROOMS IN A HOUSE

ROOM	DF SCORE		HOURS		NO. OF PEOPLE		WEIGHTED SCORE
Kitchen	3	x	2.5	x	3	=	22.5
Living room	2	х	3	х	3	=	18
Bedroom parents	1	х	0.5	х	2	=	1
Bedroom child	2	х	1.5	х	1	=	3
SUBTOTAL				19			44.5
TOTAL AVERAGE SC	ORE						2.3

## $d\mathbf{G}m^{R}$

light ASPECT	CRITERIA	ARGUMENTS	YES/NO
View	Are windows located to offer the best possible views to the exterior environment (sky and surroundings)?		
transmittance	Are windows that provide a view to the outdoors selected to have the highest possible visible transmittance?		
	Is dynamic shading present to avoid risk of glare?		
	Have circulation zones and bathrooms access to daylight?		
bedrooms	Do bedrooms have the possibility to block out all light coming from windows to create a full dark environment to sleep in?		
	What surface reflectances have been used in the daylight calculations? It is recommended to use the following values (typical ranges in brackets) Celling: 0.7 (0.7 to 0.9) Walls: 0.5 (0.5 to 0.8) Floor: 0.2 (0.2 to 0.4)		
openings	Does the room have access to daylight from more than one orientation and/or height?		
uee R	Has dynamic model simulation been used to determine the DA, rather than determining the DF?		

	VALUE	CRITERIA	SCORE		
Daylight factor per room		The amount of daylight in a room is evaluated through the fraction of the room, F <sub>plane,w</sub> that have a daylight factor higher than the target daylight factor (D <sub>i</sub> ): 1. F <sub>plane,w</sub> > 70 % of the occupied space 2. F <sub>plane,w</sub> > 60 % of the occupied space 3. F <sub>plane,w</sub> > 50 % of the occupied space 4. F <sub>plane,w</sub> > 40 % of the occupied space Daylight factors are calculated using a validated daylight			
		simulation program according to EN 17037.			
$\rm D_T$ depends on location and by that the median external diffuse illuminance $\rm E_{vd,med}$ . Values of $\rm E_{vd,med}$ for different nations / capitals are shown in Annex 1 together with the corresponding values of $\rm D_T$ .					
Values of E <sub>v,d,med</sub> fo	or differen	t nations / capitals are shown in Annex 1 together v	1-1-1		
Values of E <sub>v,d,med</sub> for corresponding v	or differen alues of D	t nations / capitals are shown in Annex 1 together v	1-1-1		



Thermal environment	ASPECT	CRITERIA	ARGUMENTS	YES/NO
i nermai environment	Individual control, winter	Is it possible to adjust the temperature at room level according to momentary needs, e.g. with adjustable thermostats?		
	Individual control, summer	Is it possible to manually influence the thermal conditions in each room, e.g. by opening windows or adjusting solar shading? In the case of mechanical cooling systems, is it possible to adjust the temperature at room level, e.g. with adjustable thermostats?		
	Night cooling	Is it possible to remove excess heat that has built up during the day, through high volume night-time ventilation with cool outdoor air?		
	Overheating, winter	Is it possible to remove unwanted excess heat in winter, e.g. on sunny days, without creating uncomfortable draughts?		
	System interface	Have the climate system interfaces (e.g. wall thermostats) been selected to be as intuitive and simple as possible?		
	Draught	Have ventilation openings (including windows, ventilation grilles and mechanical ventilation devices) been located and detailed so that discomfort caused by draught is minimised? Typical airspeeds within the living zone should remain below 0.2 m/s in winter and 0.5 m/s in summer		
$d\mathbf{G}m^{R}$		<b>Note:</b> Adjustability (e.g. of operable windows and ventilation grilles) is an important issue to take into account in this context.		

The survey have shown as the	ASPECT	VALUE	CRITERIA	SCORE	
Thermal environment	Maximum operative		The maximum indoor temperature limits apply in periods with		
	temperature per		an outside T <sub>rm</sub> of 12°C or more.		
Maximum temperature	room		· · · · · · · · · · · · · · · · · ·		
Maximum temperature			For rooms/spaces in buildings without mechanical air conditioning and with adequate opportunities for natural (cross		
			or stack) ventilation, the maximum indoor operative temperatures		
			are:		
			ure:		
			1. T <sub>io</sub> < 0.33 x T <sub>m</sub> + 20.8°C		
			2. T <sub>io</sub> < 0.33 x T <sub>m</sub> + 21.8°C		
			3. T <sub>io</sub> < 0.33 x T <sub>m</sub> + 22.8°C		
			4. T <sub>i,o</sub> < 0.33 x T <sub>m</sub> + 23.8°C		
and the second division of the second divisio					
			$T_m$ is the Running Mean outdoor temperature as defined in		
A DESCRIPTION OF A DESC			'paragraph 3.12 External temperature, running mean' of EN 16798-1.		
			10/30-1.		
And a supervised in the superv			For rooms/spaces in buildings with air conditioning,		
A DESCRIPTION OF A DESC			the maximum operative temperatures are:		
and the second division of the second divisio			1. T <sub>io</sub> < 25.5℃		
			2. T <sub>io</sub> < 26°C		
			3. T <sub>io</sub> < 27°C		
			4. T <sub>10</sub> < 28°C		
			For bedrooms (especially at night time), a 2°C lower value than		
100000			indicated above should be used as people are more sensitive		L
			to high temperatures when sleeping or trying to fall asleep. Also,		
			in kitchens higher temperatures than indicated can be allowed		
			periodically, e.g. during cooking activities.		
			The system should be designed to achieve recommended values.		
d C and R			The users can, however, choose their own settings.		
			Reference: EN 16798-1.		
			Reference: EN 16798-1.		

#### Thermal environment

#### Minimum temperature



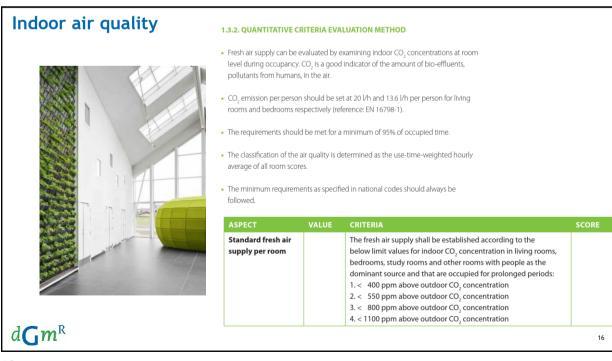
Minimum operative	The minimum indoor temperature limits apply in periods with an	
temperature per	outside T <sub>m</sub> of 12°C or less.	
room		
	For living rooms, kitchens, study rooms, bedrooms etc. in	
	dwellings, the minimum operative temperatures are:	
	1. T <sub>io</sub> > 21°C	
	2. T <sub>10</sub> > 20°C	
	3. T <sub>10</sub> > 19°C	
	4. T <sub>io</sub> > 18°C	
	The system should be designed to achieve recommended values.	
	The users can, however, choose their own settings.	

#### **1.1.2. QUANTITATIVE CRITERIA EVALUATION METHOD**

- To objectify the risk of overheating, a dynamic thermal simulation tool is used to determine hourly values of indoor operative temperature at room level (e.g. in living rooms, kitchens and bedrooms, or office spaces). In buildings without mechanical cooling systems (like central air conditioning), adaptive temperature limits are used in the summer months. This means that the maximum allowable temperature inside is linked to the weather outside: limits go up during warmer periods.
- Requirements should be met for a minimum of 95% of occupied time.
- The score is based on the weighted average of all evaluated rooms. Occupancy hours should be included in the weighting.

# d**Gm**<sup>R</sup>

ndoor air quality	ASPECT	CRITERIA	ARGUMENTS	YES/NO
,	Individual control	Is it possible to manually influence the air exchange rate in the rooms (especially living room, kitchen and bedrooms), e.g. by opening windows, temporarily closing air grills, or if mechanical ventilation is installed, is it possible to adjust the airflow rate at three or more levels?		
	Dampness	Is it guaranteed that there is sufficient extraction in rooms with periodic moisture-production peaks (esp. kitchens, bathrooms and toilets)? Note: The minimum exhaust air flow for toilets, bathrooms and kitchens should be 35, 50 and 70 m3/n, according to category II of ENI6798-1.		
	Low-emitting building materials	Have indoor climate-labelled materials been used? Note: many labels exist, for example, Danish Indoor Climate label, M1 label, AgBB, GUT label, Bilze Angel, GreenGourd Gold label.		
	Kitchen	Is a kitchen hood present with a capacity of at least 300 m <sup>3</sup> /h with the exhaust directly to the outside?		
m <sup>R</sup>	Outdoor air filtration	In case the building is situated at a location with poor outdoor air quality, is filtration present in the fresh air supply.		



### Acoustic quality



ASPECT	CRITERIA	ARGUMENTS	YES/NO
Inside system noise	Has extra attention been given to rooms that require extra quietness, such as bedrooms and study rooms?		
Acoustic privacy	Are inner walls and floor divisions designed to reduce noise transmission between rooms?		
External spaces	In case external spaces are present, such as a garden or balcony, have measures been taken to create a quiet environment?		

	ASPECT	VALUE	CRITERIA	SCORE
Acoustic quality	Inside system noise		The limit values are: 1. < 25 dB or noise level at or below background noise level 2. < 30 dB $3. < 35$ dB $4. < 40$ dB	
1.4.2. QUANTITATIVE CRITERIA EVALUATION METHOD			After completion, noise from all mechanical services in continuous operation is measured in all main occupied spaces.	
All main occupied spaces should be assessed.			In case an adjustable mechanical ventilation system is present, the noise levels should at least be met at the ventilation rate that meets the indoor air quality	
<ul> <li>If the building has one or more bedrooms, the lowest scoring bedroom determines the overall score for the inside system and outside noise criteria. In that case, it supersedes the weighting of different rooms.</li> </ul>			ambition level. The noise levels from the table above can temporarily be exceeded to the next level, when the ventilation flow rate is increased due to removal of pollutants or humidity such as during cooking or showering.	
<ul> <li>Rather than assessing the minimum sound-insulating value of outer wall constructions, the resulting maximum indoor sound level is assessed. This way, the construction can be optimised for different locations with different external sound levels, with buildings on quiet locations needing fewer measures than buildings on</li> </ul>	Outside noise		The maximum indoor noise levels from outdoor sources are: 1. < 25 dB 2. < 30 dB 3. < 35 dB 4. < 40 dB	
sound heavy locations, while still scoring the same.			Noise from outside sources such as traffic or industry should be prevented from entering the building. Local outdoor noise level data can normally be found in so called noise	
<ul> <li>The levels are aimed at setting ambitions for calculations at the design stage.</li> <li>After completion, when questions arise whether the ambitions are achieved,</li> </ul>			contour maps that are made available online by local government.	
measurements can be done. These can be done by a professional, but also with a noise meter app on a smartphone.			Assuming that calculations/measurements are done with operable windows and outside doors closed.	
The limit values are based on ISO 140-4	Acoustic privacy		Within connected dwellings, such as apartment buildings, neighbours can be a source of noise, so it is important to have walls and floors that limit the noise transfer. Difference is made between airborne sound ( $D_{\rm orga}$ ) and contact sound ( $U_{\rm orga}$ ).	
d <b>G</b> m <sup>R</sup>			$ \begin{array}{l} The limit values are: \\ 1. D_{ofA} \geq 62  d8  and  I_{ofA} \leq 43  d8 \\ 2. D_{ofA} \geq 57  d8  and  I_{ofA} \leq 48  d8 \\ 3. D_{ofA} \geq 52  d8  and  I_{ofA} \leq 53  d8 \\ 4. D_{ofA} \geq 47  d8  and  I_{ofA} \leq 58  d8 \\ \end{array} $	
<b>~</b>			AVERAGE SCORE:	

